SKILLS TRAINING

Become a well-rounded player and further develop all parts of your game with specialized skills training in ball handling and shooting.

Advanced Ball Handling | 6:00-6:30 p.m.
Ball handling isn’t just how you dribble the ball. It’s how you hold the ball, catch it, what you do after a rebound and more. Learn how to advance your skills and handle the ball like a PRO.

Grades 2-4: Thursdays
Grades 5-8: Mondays

Advanced Shooting | 6:00-6:30 p.m.
Getting the ball into the hoop is a vital skill for all basketball players. Our coaches are dedicated to improve your ability to score from several areas of the court. We teach a variety of advanced technique-based shooting drills that simulate real game situations. Our Advanced Shooting is guaranteed to help you improve your performance and become an offensive threat.

Grades 2-4: Tuesdays
Grades 5-8: Wednesdays

Seasonal Rates
Enroll quarterly and enjoy unlimited classes.
$100 Member, $150 Child of Member, $200 Non-Member

Dates
March 9-May 28 (no practice 5/19-5/25) # 760150
June 8-August 20 # 760151
Aug. 31-Nov. 5 (no practice 9/7) # 760152