

PRO
C L U B



TENNIS

CONDITIONING

This high energy calorie burning format is for anyone who wants to get fit playing tennis or get into tennis-playing shape. Light on instruction and heavy on fast paced drills and competitive games. You'll sweat, laugh and improve your tennis game all at the same time.

TUESDAYS

TENNIS PRO | CRAIG KOESSLER

March 2 - April 26 (No Class April 5)

6:15 - 7:15PM

\$232 Member | \$278 Non - Member

THURSDAYS

TENNIS PRO | CRAIG KOESSLER

March 4 - April 29 (No Class April 8)

6:15 - 7:15PM

\$232 Member | \$278 Non - Member